

July 27, 2007

Dear Community Leader,

Unlearning Racism Campaign and our participating agencies, YWCA, Hospice Caring Project, United to Eliminate Racism (UER), Non Violent Communication Santa Cruz and La Coalición por Nuestra Cultural, Color, Voz y Baile is putting together valuable trainings for our community to attend, participate and benefit for themselves and their families. These trainings are in Spanish and will take place at YWCA in Watsonville.

We would like to extend an invitation for you to attend and promote this unique opportunity.

Our first training is on **Sanando Las Divisiones Culturales**. This is a training to overcome prejudice through Non-Violent Communication Model. This training will take place from September 1 - 25, 2007 (see attached calendar for details).

In this training, you will develop communication skills to:

- **Build the self esteem of our children.**
- **Overcome negative judgments about ourselves.**
- **Free ourselves from resentment.**

The second training is on **Sanando Los Danos Causados por el Racismo (Healing the wounds caused by Racism)**. This training will take place from November 3, 2007 – December 18, 2007 (see attached calendar for details).

In this training you will learn the Re-evaluation Counseling Method which will allow you to develop the following skills:

- **Heal your own distresses caused by oppression.**
- **Re-evaluate your patterns of behavior that no longer fit your needs.**
- **Improve your own listening skills.**

We are excited to inform you that we had presented the above mentioned trainings last year at YWCA and were well attended. The participants were enthusiastic and where happy to use these models in their personal and professional lives.

Enclosed please find the Training Calendar for 2007. You can enroll at our website: www.ywcawatsonville.org. You can also call us at (831) 724-6078 and speak to Vietta Helmle.

Sincerely,

Vietta Helmle
Executive Director