

ALCOHOL & DRUG SERVICES

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|---|----------|
| Alcohol & Drug Program (SC County), information, referral & prevention..... | 454-4357 |
| Fenix Services, treatment..... | 722-5914 |
| Janus, treatment..... | 462-1060 |
| Perinatal Warmline (information, support & referral)..... | 454-4808 |
| Mondanaro-Baskin Center (Perinatal), treatment..... | 423-9015 |
| New Life Community Services, treatment..... | 458-1668 |
| Primeros Pasos Program (primarily serving South County residents)..... | 763-4700 |
| Sobriety Works..... | 476-1747 |

ASSISTANCE WITH FAMILY CHALLENGES

| | | |
|---|----------------|----------|
| CalWORKS (formerly TANF or AFDC)..... | 454-4010 | 763-8500 |
| CAB: Shelter Project (rent assistance to prevent eviction)..... | 457-1741 x152 | |
| Message Center (voicemail service for homeless)..... | 457-0511 | 728-4634 |
| Gemma (for women after incarceration)..... | 457-4560 | |
| Women Ventures Project (non-traditional jobs for women)..... | 724-0206 | |
| Families in Transition..... | 458-7124 | 728-9791 |
| HEAP (Home Energy Assistance Program)..... | 1-888-728-3637 | |
| Rowland & Pat Rebele Family Shelter..... | 458-6020 | |

BREASTFEEDING

| | | |
|---|----------|---------------|
| Nursing Mothers Counsel..... | 621-8412 | |
| Hospital Breastfeeding Services; Dominican: 462-7862. Sutter: 477-2229. Watsonville: 763-6015 | | |
| La Leche League..... | 425-3088 | |
| Regalo de Amor (WIC)..... | 426-3911 | 722-7121 x116 |

CHILD PASSENGER SAFETY INFORMATION (Car seat safety info & resources)

| | |
|--|----------|
| Child Passenger Safety Program, SC County HSA..... | 454-5477 |
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CHILDCARE PAYMENT ASSISTANCE

| | | |
|---|----------|----------|
| CareerWorks-Workforce Santa Cruz (CalWORKS clients)..... | 454-4080 | 763-8700 |
| SC County Parents Association Voucher Project & Centralized Eligibility List info..... | 688-2152 | |
| Centralized Eligibility List website www.santacruzcountycel.org | | |

COUNSELING

| | | |
|---|--------------------------|----------|
| Parent Center..... | 426-7322 | 724-2879 |
| Family Service Agency of the Central Coast (FSA)..... | 423-9444 | 728-9970 |
| First Step (FSA) - families whose children have Medi-Cal..... | 423-9504 | 728-9975 |
| PEAKS/Psycho-educational Assessment for Kids & Students(FSA)..... | 423-9444 x 201 | |
| Family Therapist Referral Line (CAMFT)..... | 429-7786 | |
| Hospice Caring Project Grief Support Program..... | 430-3000 | |
| Pájaro Valley Prevention and Student Assistance (PVPSA)..... | 728-6445 | |
| Children's Mental Health..... | 454-4900 or 800-952-2335 | 763-8990 |
| Youth Services (serving teens & their families)..... | 429-8350 | 688-8856 |

HEALTH CARE/IMMUNIZATIONS (programs in bold offer immunizations)

| | | |
|---|----------|----------|
| Beach Flats Health Center..... | 423-0222 | |
| Clinica del Valle..... | 761-1588 | |
| Planned Parenthood..... | 426-5550 | 724-7525 |
| Santa Cruz County Health Center (SC County HSA)..... | 454-4100 | 763-8400 |
| Salud para la Gente..... | 728-0222 | |
| Visiting Nurses Association (Immunizations only)..... | 479-6620 | |
| Women's Health Center..... | 427-3500 | |
| Dominican Hospital Pediatric Clinic..... | 457-7038 | |
| Rota-care..... | 457-7166 | |

CHILD DEVELOPMENT PROGRAMS

| | | |
|---|--------------|----------|
| Beach Flats Family School..... | 420-6125 | |
| Campus Kids Connection..... | 462-9822 | |
| Child Development Resource Center (information)..... | 466-5820 | |
| Community Bridges, Child Development Division..... | 454-9920 | |
| Go Kids..... | 408-843-9000 | |
| Head Start & Early Head Start..... | 688-3802 | 724-3885 |
| Live Oak School District Child Development Program..... | 462-1116 | |
| Migrant Head Start PVUSD..... | 728-6955 | |
| Migrant Head Start Santa Cruz Direct Op..... | 466-5850 | |
| Pacific Preschool..... | 425-7002 | |
| Watsonville Children's Center (PVUSD Child Development Programs)..... | 728-6280 | |
| Redwood Mountain State Preschool..... | 335-3222 | |
| Walnut Avenue Women's Center Early Childhood Education..... | 426-3062 | |
| YWCA Early Childhood Education..... | 724-6078 | x102 |

CHILDCARE ACCESS

| | | |
|-----------------------------|----------|---------------|
| Child Care Switchboard..... | 466-5820 | 724-2997 x210 |
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CPR AND INFANT SAFETY

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|--------------------------------------|----------|
| PEP Program, Dominican Hospital..... | 462-7709 |
| Red Cross..... | 462-2881 |

DENTAL CARE

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|--------------------------------|----------|
| Beach Flats Health Center..... | 423-0222 |
| Dientes..... | 464-5409 |
| Salud para la Gente..... | 763-3413 |

DOMESTIC VIOLENCE (for crisis support see HOTLINES)

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|--|----------------|
| Walnut Avenue Women's Center..... | 426-3062 |
| Women's Crisis Support~Defensa de Mujeres..... | 1-888-900-4232 |

FAMILY PLANNING

| | | |
|--|----------|----------|
| Beach Flats Health Center..... | 423-0222 | |
| Family Planning (SC County Health Center)..... | 454-4100 | 763-8400 |
| Planned Parenthood..... | 426-5550 | 724-7525 |
| Salud para la Gente..... | 728-0222 | |
| Santa Cruz Women's Health Center..... | 427-3500 | |

FOOD/CLOTHING DISTRIBUTION (programs in bold offer food and clothing)

| | | |
|--|-----------------|-----------------|
| Davenport Resource Service Center..... | 425-8115 | |
| Salvation Army..... | 426-8365 | 724-3922 |
| St. Vincent DePaul Society..... | 722-3250 | |
| Valley Churches United (San Lorenzo and Scotts Valley residents)..... | 336-5651 | |
| CSC of the Seventh-Day Adventist Church (no clothing)..... | 429-1483 | |
| Community Food Hotline (no clothing)..... | 662-0991 | |
| Food Stamp Program (Santa Cruz County) (no clothing)..... | 1-888-421-8080 | |
| Women, Infants, Children (WIC) Nutrition Program (no clothing)..... | 426-3911 | 722-7121 |

HEALTH CARE ACCESS

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|--|----------------|----------|
| Santa Cruz County Health Care Outreach —for information about Healthy Kids Health Plan & all the programs listed below..... | 454-2515 | 763-8568 |
| California Children's Services (SC County HSA)..... | 454-2540 | 763-8900 |
| Central Coast Alliance for Health (formerly SCCHO)..... | 430-5500 | |
| Child Health & Disability Prevention (CHDP)..... | 454-2560 | 763-8932 |
| Healthy Families (low-cost health insurance for eligible children)..... | 1-888-747-1222 | |
| Medi-Cal..... | 1-888-421-8080 | |

IN-HOME PARENT SUPPORT

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|--|------------------|
| Adolescent Family Life Program (HSA) | 454-4339 |
| Davenport Resource Service Center | 425-8115 |
| Live Oak Family Resource Center | 476-7284 ext.102 |
| Mountain Community Resources | 335-6600 |

LEGAL/PARALEGAL

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|--|----------------------------------|
| California Rural Legal Assistance | 458-1089.... 688-6535...724-2253 |
| Family Law Facilitator (Court Forms for Family Law)..... | 454-2422 |
| Lawyer Referral Service | 425-4755 |
| Watsonville Law Center | 722-2845 |

MEDIATION/CONFLICT RESOLUTION

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|--|----------|
| Conflict Resolution Center (family, neighbor mediation). | 475-6117 |
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POSTPARTUM &/or PEDIATRIC HOME HEALTH

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| Dominican Home Health (no pediatrics)..... | 465-7988 |
| High Risk Infant Program..... | 454-4339 |
| Pediatric Services of America..... | 1-800-819-9905 |
| Visiting Nurses Association | 479-6620 |

PRENATAL CLASSES (Childbirth, Breastfeeding, Infant Care, Yoga, etc.)

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| Dominican Hospital PEP Program | 462-7709 |
| Live Oak Family Resource Center | 476-7284 |
| Watsonville Hospital Perinatal Outpatient Services | 763-6015 |

PRENATAL CLINICS

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|---|----------|
| Dominican Prenatal Clinic..... | 457-7103 |
| Planned Parenthood Watsonville, La Mariposa | 724-7525 |
| Planned Parenthood Westside Health Center..... | 426-5550 |
| Salud Para La Gente | 763-3408 |
| Santa Cruz Women's Health Center | 427-3500 |

SERVICES FOR FAMILIES & CHILDREN WITH SPECIAL NEEDS

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|--|------------------------|
| Central Coast Center for Independent Living (CCCIL)..... | 462-8720 |
| Family Partnership Program | 454-4961..... 768-8132 |
| San Andreas Regional Center..... | 728-1781 |
| Special Parents Information Network (SPIN) | 423-7713..... 722-2800 |



Migrant Head Start

Produced by Community Bridges' **Live Oak Family Resource Center**

1740 17th Avenue, Santa Cruz, CA 95062 — (831) 476-7284

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Migrant Head Start Program/Santa Cruz County Office of Education

400 Encinal Street, Santa Cruz CA 95060 – Ph. 831-466-5850 – Fax. 831-466-5607

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Resources for Santa Cruz County Parents of Young Children 2011



GENERAL INFORMATION - REFERRALS TO RESOURCES

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|--|-----------------------------|
| Beach Flats Community Center..... | 420-6125 |
| Child Development Resource Center | 466-5820..... 724-2997 x210 |
| Davenport Resource Service Center | 425-8115 |
| Early Childhood Education Department (Cabrillo College).... | 479-6354 |
| Familia Center | 423-5747 |
| La Manzana Community Resources | 724-2997 |
| Live Oak Family Resource Center (LOFRC) | 476-7284 x104 |
| Maternal & Child Health Information Line (HSA) | 454-4339 x0 |
| Mountain Community Resources | 335-6600 |
| Parent Information & Referral Center, Lucille Packard Children's Hospital (Stanford University)..... | 1-800-690-2282 |
| Santa Cruz Public Library Information | 420-5730 |
| Santa Cruz Public Library Community Information Database: www.santacruzpl.org/cid/public/ | |
| SPIN (resources for special needs children) | 423-7713..... 722-2800 |
| Walnut Ave Women's Center..... | 426-3062 |

CRISIS SERVICES

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|---|-------------------------------------|
| Alcoholics Anonymous Hotline (& referrals to 12-Step programs)..... | 475-5782..... 768-9597 |
| California Poison Control System..... | 1-800-222-1222 |
| Community Food Hotline (Second Harvest Food Bank)..... | 662-0991 |
| Domestic Violence Help & Hotline (WAWC)..... | 1-866-2MY ALLY |
| Family & Children's Services (child abuse reporting line) | 454-2273 |
| Inpatient Psychiatric Crisis Services (Dominican Hospital).... | 462-7719 |
| Parental Stress Hotline..... | 426-7322..... 724-2879 |
| Shelter Hotline (Community Action Board)..... | 457-0511..... 728-4634 |
| Suicide Prevention Service | 458-5300 toll-free . 1-877-663-5433 |
| Women's Crisis Support~Defensa de Mujeres (domestic violence) 685-3737..... | 1-888-900-4232 |



Advocacy & Planning Groups for Families & Children

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|---|----------|
| Children's Network | 465-2210 |
| Child Care Planning Council | 466-5822 |
| First 5 Santa Cruz..... | 465-2217 |
| La Leche League..... | 425-3088 |
| Santa Cruz County Breastfeeding Coalition | 454-4331 |

